**10th Grade Week 4 Oct 1, 2017**

1. **Opening Prayer:** Page 1 ***Altar***ation Workbook
2. **Pass out ‘Formed’ Cards**
   1. Using the TV demonstrate the website
3. **Introduce Video Series : Altaration, The Mystery of the Mass Revealed**

“The one hour we spend in Mass allows us to ***exhale*** *our stress* and ***inhale*** *His peace*.”

1. **Types of Catholics –** Do you fall into one of these categories? Would you like a richer spiritual life?
   1. **Cradle:** born into it. Catholic because your family is.
   2. **Old school:** things should never change
   3. **Crazy church lady**: over zealous
   4. **Drive thru:** go to Mass only. In and out as fast as you can
   5. **Cafeteria (buffet):** pick and choose what you believe in
   6. **CEO:** Christmas, Easter ONLY
   7. **Fallen away:** don’t believe in the teachings of the church; it’s too hard or restricting
   8. **In name only:** you say you are Catholic but you practice nothing
   9. **Returning:** fell away, but realize you are missing Church
   10. **Convert:** experience a profound desire for the Eucharist

***We should all strive to be converts!***

1. **How many Sundays do you have left?** “Don’t waste a single Sunday. If you don’t waste Sundays, you will be less likely to waste Mondays, Tuesdays, Wednesdays…” by Matthew Kelly
2. **Session 1** and class discussion
3. **Session 2** and class discussion
4. **Housekeeping and reminders:**

* Sign-up Sheet for Reindeer project
* Donations needed for Reindeer Project
* OLV field trip permission slip and small $ donation to OLV
* Sign -up sheet for 10th Grade Family Mass on Oct 15th
* Christ the Teacher Conference Oct 13-14
  + Oct 13th 6PM Sign-up for Living Rosary
  + Oct 14th 9:30am Talk by Dr. Ray

**Closing Prayer Anima Christi**

Soul of Christ, sanctify me. Body of Christ, save me. Blood of Christ, fill me with love. Water from Christ’s side, wash me.

Passion of Christ, strengthen me. Good Jesus, hear me. Within your wounds, hide me. Never let me be parted from you.

From the evil enemy, protect me. At the hour of my death, call me, and tell me to come to you, that with your saints

I may praise You through all eternity. Amen.